



# Adult Observation 2 ward

## Information for patients

The Adult Observation ward admits people with epilepsy and/or epilepsy-like seizures. A maximum of 15 people over the age of 18 are admitted to the ward at any time. The length of stay varies from patient to patient, lasting two to four weeks on average.

### Day of admission

Please report to the Adults desk at the outpatient clinic (Building C) on the day of your admission. A nurse or support worker will come get you to accompany you to the ward. Once there, you will have a conversation with a neurologist, and if necessary, with a nurse practitioner and nurse. We will discuss the purpose of your admission during these conversations. It can be helpful to have your partner or a loved one there too.

### Support

During your admission, you will be supported by a team of nurses and support workers. They will observe you and draw up daily reports. We will keep your file on the ward, which you can view too if you wish. Two nurses/support workers are responsible for coordinating your treatment. You will have regular conversations with them about your treatment and the progress of your admission.

### Our multidisciplinary treatment team

Our treatment focuses on observation, diagnosis, treating any seizures or restarting medication. Aside from treating your epilepsy, we can also help you come to terms with 'living with epilepsy' and help you deal with the psychosocial aspects that come with it.

Our multidisciplinary treatment team will meet weekly to discuss your treatment. This team consists of nurses/support workers, a neurologist, a social worker, a psychologist and an employment counsellor. During these meetings, we will coordinate your progress, planning and care. You will always be consulted on any treatments or agreements. During your admission, we may carry out a range of tests, including blood tests, an EEG or psychological assessment. We will always do so in consultation with you.

### Observation and testing

Our nurses/support workers will observe you during your seizures. Camera surveillance is active 24 hours a day. Any seizures we record will be reviewed by the neurologist. The nursing team will also make notes on your seizures. At night, you will be observed using a camera and sound sensor. There is an alarm button you can press in your bedroom when you need help. During the day, you will wear a wrist alarm.

You will have a bedroom with a private toilet and shower.

For the purposes of your treatment, it is best if you spend as much time as possible in the living room during the day, so we can properly observe you. You can watch TV, listen to music or practice a hobby in the living room. On weekdays, you can express yourself creatively with our range of activities.

We request that you stay in your bedroom between 23:00 and 07:00, so that we can observe you and so that our team can hand your care over to the next shift.

Your seizures are recorded and documented for diagnostic purposes. As a rule, when one patient has a seizure, the other patients will leave the room.

## Telephone, internet and post

You are free to use your mobile phone. Even so, we would appreciate it if you could turn your phone off during meals and refrain from using it. You are free to bring your own laptop. Wi-Fi is available. Post is delivered to the ward on a regular basis.

## Things to bring when admitted

- A recent note listing your medication, provided by a pharmacy and/or doctor
- Medication for the first seven days, in its original packaging or in a Baxter roll
- Valid proof of identity
- If necessary: an alarm clock, any hobby items, incontinence supplies, creams, liquid nutrition for tube feeding and everything else required for these purposes.

## Visiting hours

Monday to Friday:	19.00 – 22.00
Wednesday afternoon:	14.00 – 17.00
Saturday and Sunday:	10.00 – 22.00

You can receive your visitors in your bedroom or in the dining room. A maximum of two people are allowed to visit every day, except if multiple members of the same family are visiting. Other visiting hours can be agreed by mutual consultation.

## Weekend leave

If permitted by your treatment and in consultation with your attending neurologist, you can spend the weekend at home. Weekend leave runs from 14.00 on Friday to 20.00 on Sunday.

If you are staying at the clinic over the weekend, the nursing team may also need to help out on different wards. We will let you know if this is the case, of course.

## To conclude

We make every effort to ensure you receive quality care. Even so, there may be something you're not entirely satisfied with. If so, you can let us know at any time. If you have a complaint, or you prefer not to discuss your issue with us, you can contact the SEIN confidential counsellor via +31 6 46 37 31 47 or [i.devreede@hetlsr.nl](mailto:i.devreede@hetlsr.nl), either by yourself or together with your relatives or care team. Alternatively, take a look at [sein.nl/over-sein/klachten-en-suggesties](https://sein.nl/over-sein/klachten-en-suggesties) for more information.

*We wish you a pleasant stay at SEIN!*

## More information



Telephone number: 038 - 8457162/038-8457163  
Visiting address: Dr. Denekampweg 20, 8025 BV Zwolle  
Postal address: Postbus 563, 8000 AN Zwolle

